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Sasha

Russian dance learned from Bob Dalsemer
Transcribed and arranged by Andy Davis

The musical score is written in treble clef with a key signature of one flat (Bb) and a common time signature (C). It is divided into two sections, A and B. Section A consists of two staves of music. The first staff has a circled 'A' above it and contains five measures of music with lyrics 'Sa - sha Sa - sha Ras Dva Tri' and chords Dm, Dm, Dm, A7, Dm. The second staff has a circled 'A' above it and contains five measures of music with lyrics '(Right right right, left left left, both both both knee knee knee)' and chords Dm, A7, Dm. Section B consists of five staves of music. The first staff has a circled 'B' above it and contains five measures of music with lyrics 'La la la la la la la la Hey!' and chords Gm, Dm, A7, Dm. The second staff has a circled 'B' above it and contains five measures of music with lyrics 'La la la la la la la la Hey!' and chords D, Em. The third staff has a circled 'B' above it and contains five measures of music with lyrics 'La la la la la la la la Hey!' and chords A, D. The fourth staff has a circled 'B' above it and contains five measures of music with lyrics 'La la la la la la la la Hey!' and chords A, Em. The fifth staff has a circled 'B' above it and contains five measures of music with lyrics 'La la la la la la la la Hey!' and chords A, D.

Dancers find a partner and scatter around the dance floor. Point to your partner as you say the Sasha words. "Sasha" is a nickname in Russian for Alexander or Alexandra. "Ras, Dva, Tri" means 'One, Two, Three' or "Ready, set, go."

Then do the clapping, with partner: "Right, right, right" means your right hand clapping your partner's right hand, same with "left, left, left" and "both, both, both," then you clap your own knees "knee, knee, knee." I only use these words when teaching the dance.

Then do a right elbow turn with your partner for 8 beats (four measures), singing "La la la, etc". When you say HEY! you say it with an upraised fist with your LEFT hand, then do a left elbow turn with partner during the repeat of the music and say HEY! raising the RIGHT arm.

Then you leave your partner behind ("Dasvadanya," Russian for "Goodbye") and all walk randomly around the dance floor. At the end of the B music, you face a new partner.